

The Truth About Life Insurance

Rethinking an Old Concept
in Today's Financial World



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Why Life Insurance Has A Reputation Problem

Life insurance has, at times, carried a stigma.

It is often associated with uncomfortable conversations or past experiences that may not have felt aligned with an individual's needs. It is also commonly viewed as something tied only to end-of-life planning.

That perception does not fully reflect how life insurance is used today.

Why Perceptions Have Changed

Historically, life insurance was viewed in a straightforward way.

A policy was funded over time, and upon death, a benefit was paid to beneficiaries. That was considered the primary function. Today, certain life insurance policies may serve broader purposes depending on how they are structured.

While life insurance continues to play an important role in providing financial protection, some modern policies may also be used within broader financial planning strategies.

Depending on the policy design, they may help address areas such as:

- Income planning
- Tax considerations
- Estate planning
- Long-term care considerations
- Business continuity planning



What Life Insurance Can Do Today

Certain modern life insurance policies may include features that allow access to benefits during the insured's lifetime.

Depending on the structure of the policy, this could include provisions related to chronic illness, cash value accumulation, liquidity, or income flexibility.

Not all policies are designed the same way. Some are built primarily for protection. Others may offer additional flexibility and planning considerations.

Understanding those differences is important when evaluating how life insurance may fit into an overall financial strategy.



Why Structure Matters

Life insurance is not a single product. Different policy types are designed for different objectives, timelines, and financial situations.

The way a policy is structured can significantly impact how it functions over time.

Some policies focus primarily on temporary protection. Others are designed to provide permanent coverage and may include features such as cash value accumulation or flexible premium structures.

The goal of this guide is to provide a general understanding of how life insurance works, outline common policy types, and explore how life insurance may fit into an overall financial plan.

To understand how life insurance is used today, it helps to first understand how it has evolved.

1. Term Life Insurance

Term life insurance provides coverage for a specified period, such as 10, 20, or 30 years.

If death occurs during the term, a death benefit is paid to the designated beneficiaries. If the insured outlives the term, the policy generally expires without value unless additional provisions are included.

Term insurance is often used to address temporary needs, such as income replacement, debt obligations, or financial responsibilities that may exist during certain life stages.

It is generally designed for protection and does not typically include a cash value component.

Common uses may include:

- Income replacement
- Debt or mortgage protection
- Coverage during working years
- Temporary financial protection

2. Whole Life Insurance

Whole life insurance is a form of permanent life insurance that is designed to remain in force for the insured's lifetime, provided required premiums are paid.

It includes a cash value component that grows over time on a tax-deferred basis. Depending on the policy, this value may be accessed through loans or withdrawals.

Whole life policies often include fixed premiums and guaranteed elements, which may appeal to individuals seeking predictability.

It is important to note that accessing cash value may reduce the death benefit and could have tax implications if not managed properly.

Common uses may include:

- Permanent death benefit coverage
- Estate or legacy planning
- Access to accumulated value, depending on the policy
- A stable component within a broader financial plan

3. Indexed Universal Life Insurance

Indexed Universal Life is a type of permanent life insurance that offers flexibility in both premiums and death benefit structure.

Its cash value is linked to the performance of a market index. The policy does not directly invest in the market, but may receive interest credits based on index performance, subject to certain limitations such as caps or participation rates.

Many policies include features intended to limit downside exposure, although returns are not guaranteed.

When structured appropriately, some policies may allow access to cash value through loans or withdrawals. This may create flexibility for income planning, though outcomes depend on policy performance and management.

There are risks to consider, including the potential for policy lapse if not properly funded or maintained.

Common uses may include:

- Permanent life insurance coverage
- Flexible premium structures
- Potential income planning strategies
- Access to cash value, depending on design

4. Guaranteed Universal Life Insurance

Guaranteed Universal Life is designed to provide a death benefit for a specified period, often for life, as long as premium requirements are met.

It generally places less emphasis on cash value accumulation and is often structured to provide coverage at a lower cost than other permanent policies.

This type of policy may be considered when the primary objective is to secure a death benefit rather than build cash value.

As with all policies, it is important to understand the funding requirements and how changes may impact the guarantees.

Common uses may include:

- Lifetime death benefit protection
- Estate planning
- Legacy considerations
- Cost conscious permanent coverage

5. Final Expense/Simplified Issue Life Insurance

Final expense insurance is typically designed for smaller coverage amounts.

It is often used to help address end of life expenses such as funeral costs, medical bills, or minor debts.

These policies may involve simplified underwriting and may not require a medical exam. Because of this, the cost per dollar of coverage can be higher.

They may be appropriate for individuals seeking straightforward coverage with fewer qualification requirements.

Common uses may include:

- Funeral and burial expenses
- Medical bills or small obligations
- Simplified coverage needs
- End of life planning



How Life Insurance Might Fit Into A Plan

The role of life insurance can vary significantly depending on an individual's goals, financial circumstances, and overall planning needs.

For some, life insurance may serve primarily as a form of financial protection, helping provide support for beneficiaries, replace income, cover outstanding obligations, or help preserve a family's lifestyle in the event of an unexpected loss.

In other situations, life insurance may be evaluated as part of a broader financial strategy.

Depending on the policy structure, certain forms of life insurance may help address considerations related to estate planning, business continuity, liquidity, income flexibility, or long-term financial planning.

Some policies may also accumulate cash value over time, which may provide additional flexibility through policy loans or withdrawals, subject to policy terms and conditions.



How Life Insurance Might Fit Into A Plan | Cont.

Life insurance is not used exclusively by families and individuals. In some cases, business owners, executives, and entrepreneurs have also incorporated life insurance into broader planning strategies involving compensation, succession planning, retention structures, or access to liquidity.

The way life insurance functions within a plan depends heavily on how the policy is designed, funded, and managed over time.

For that reason, life insurance is generally most effective when evaluated in coordination with other financial, legal, and tax considerations rather than in isolation.



REAL WORLD EXAMPLES

How Life Insurance Has Been Used

Life insurance is often associated primarily with personal protection.

In practice, certain types of life insurance have also been incorporated into business, executive, and long-term financial planning strategies.

The following examples are intended for general educational purposes only and are designed to illustrate how life insurance has been structured in different situations.

These examples do not represent guarantees or recommendations, and outcomes can vary significantly depending on policy design, funding, legal structure, and individual circumstances.

REAL WORLD EXAMPLES

Executive Compensation & Retention Planning

In some corporate settings, life insurance has been used as part of executive compensation and long-term retention strategies.

One example that has received public attention involves Jim Harbaugh's contract with the University of Michigan. As part of the arrangement, a life insurance policy was reportedly funded through a loan-based structure commonly referred to as a split-dollar arrangement.

In this type of structure, an employer may advance funds to support a policy. Over time, those funds are typically repaid, often from the policy's death benefit. Depending on how the arrangement is designed, the insured may also have access to certain policy values during their lifetime.

These arrangements are often designed to create alignment between the organization and the individual.

The employer may benefit from retaining key talent, while the executive may benefit from long-term compensation incentives tied to continued employment or performance.



REAL WORLD EXAMPLES

Business Liquidity & Access To Capital

Certain life insurance policies may accumulate cash value over time, which can potentially provide access to liquidity depending on how the policy is structured.

Walt Disney is often referenced in discussions involving business financing and liquidity planning. During the early development of Disneyland, he is said to have accessed the value of a life insurance policy when traditional financing options were limited.

While circumstances vary significantly, this example is often used to illustrate how life insurance may serve as a potential source of capital or liquidity in certain situations.



REAL WORLD EXAMPLES

Financial Stress & Crisis Planning

Life insurance has also been referenced in situations involving financial uncertainty or economic hardship.

During the Great Depression, J.C. Penney reportedly accessed the value of his life insurance policy to help meet financial obligations, including payroll.

This example is often used to demonstrate how certain policies may provide financial flexibility during difficult periods, depending on policy structure and available cash value.



REAL WORLD EXAMPLES

Business Continuity & Succession Planning

Life insurance is also commonly used in business continuity planning.

In many privately held businesses, buy-sell agreements are funded with life insurance to help facilitate ownership transitions if a business owner passes away.

In these situations, the policy may provide liquidity that can help purchase the deceased owner's interest in the business.

This structure may help reduce financial strain on the company, create clarity for remaining owners, and help provide financial support for surviving family members.



Important Considerations

These examples are provided for educational purposes only.

Life insurance strategies can vary significantly based on individual circumstances, policy design, legal structure, and tax considerations.

Not all strategies are appropriate for every situation, and outcomes are not guaranteed.

Any approach should be evaluated in coordination with qualified financial, legal, and tax professionals.



A Less Common Approach: Premium Financing

Beyond traditional planning approaches, some higher-net-worth individuals and business owners may explore more advanced strategies.

One such approach is premium financing.

Premium financing involves using a third-party lender to fund some or all of the premiums associated with a life insurance policy. The policy owner borrows funds rather than paying premiums entirely out of pocket.

This approach may be used in situations where maintaining liquidity is a priority.

There are several factors that can impact the outcome, including interest rates, loan structure, collateral requirements, and policy performance.

Premium financing introduces additional complexity and risk. It typically requires ongoing monitoring and coordination with financial, legal, and tax professionals.

It may be appropriate in certain circumstances, but it is not necessary or suitable in all cases.



A Simple Way To Think About It

Life insurance can serve different purposes depending on how it is structured.

Some policies are designed primarily for protection.

Some may offer additional flexibility.

Some may combine multiple features.

The appropriate approach depends on individual goals, financial circumstances, and overall planning considerations.

Next Steps

If life insurance is being considered, the process should begin with a clear understanding of your current financial situation, objectives, and long-term priorities.

That may include:

- Evaluating protection needs
- Reviewing current assets and liabilities
- Identifying family or business considerations
- Understanding potential risks and future obligations
- Exploring which policy structures may align with specific goals

From there, a more informed decision can be made regarding whether life insurance may play a role within an overall strategy and, if so, how it may be structured appropriately.

As with any financial decision, life insurance strategies should be evaluated carefully and in coordination with qualified financial, legal, and tax professionals.



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